



ALL SAINTS OF AMERICA

Orthodox Church
in America

orthodoxalexandria.org

3130 Franconia Rd
Alexandria, VA 22310

Father Alessandro
Margheritino
(703) 828-5068

fatheralessandro@gmail.com

Welcome to our parish!

Thank you for choosing to worship with us on the Lord's Day. We are grateful for your prayers and participation!

Please join us for coffee hour after the service. Our priest, Father Alessandro, would love to greet and welcome you.

Holy Eucharist requires full communion of faith, so if you are not an Orthodox Christian, please do not approach the Chalice. If you are an Orthodox Christian, please note that communion must be preceded by fasting, recent Confession, and reconciliation with all people.

JULY 28, 2024

5th SUNDAY AFTER PENTECOST

Holy Apostles of the Seventy and
Deacons: Prochorus, Nicanor, Timon,
and Parmenas

HOLY APOSTLES OF THE SEVENTY AND DEACONS: PROCHORUS, NICANOR, TIMON, AND PARMENAS

Saints Prochorus, Nicanor, Timon and Parmenas, Apostles of the Seventy were among the first deacons in the Church of Christ. In the Acts of the Holy Apostles (6:1-6) it is said that the twelve Apostles chose seven men: Stephen, Philip, Prochorus, Nicanor, Timon, Parmenas and Nicholas, full of the Holy Spirit and wisdom, and appointed them to serve as deacons.

They are commemorated together on July 28, although they died at various times and in various places. At first, Saint Prochorus accompanied the holy Apostle Peter, who made him bishop in the city of Nicomedia.

After the Dormition of the Most Holy Theotokos, Prochorus was a companion and coworker of the holy Apostle John the Theologian and was banished with him to the island of Patmos. There he wrote down the Book of Revelation concerning the final fate of the world. Upon returning to Nicomedia, Saint Prochorus converted pagans to Christ in the city of Antioch, where he suffered martyrdom.

Although Saint Nicanor suffered on the same day that the holy Protomartyr Stephen (December 27) and many other Christians were killed by stoning, he is also commemorated on December 28.

Saint Timon was later appointed by the Apostles as bishop of the city of Bostra in Arabia and suffered from the Jews and pagans for preaching the Gospel. He was thrown into a furnace, but by the power of God he came out of it unharmed. The tradition of the Roman Church says that Saint Timon died

by crucifixion. Saint Timon is also commemorated on December 30.

Saint Parmenas zealously preached Christ in Macedonia. He died after being afflicted with an illness. Some say that Saint Parmenas suffered martyrdom under Trajan (98-117) in the final year of his reign.

PLEASE REMEMBER IN YOUR PRAYERS

REQUESTING PRAYERS: Archpriest Matthew, Michelle, Larissa, Cristina, Jerry, Davide

CATECHUMEN: Brooke

MISSIONARIES: The Brandow family serving in Guatemala

BIRTHDAYS: Frank Schmitt

NEWS & ANNOUNCEMENTS

FR. ALESSANDRO OUT OF TOWN: Please note that Fr. Alessandro will be out of town for the next 10 days. Fr. Joseph Woodill will graciously serve in his place next weekend and for the feast of Transfiguration.

SITTING IN CHURCH: Orthodox Christians generally stand throughout the divine services. Standing is an important posture conducive to attention, respect, and a prayerful mind. It goes without saying that if we are physically challenged for whatever reason, permanently or temporarily, we can sit. Nevertheless, I want to emphasize that we should avoid sitting, especially when the priest or the deacon is censing us, the priest is blessing us, during the reading of the Gospel, and when the Chalice is out. After you receive the Holy Eucharist, please do not go and sit down while the priest is still distributing. I would ask the parents to continue helping me address these important practices with their children.

ASOA SERVICE SURVEY: Please fill out a Parish survey sent out via email on ministries you are interested in learning about or want to become involved in. The Church needs you! The survey includes space for you to list your unique gifts and talents that you want to offer to the Lord.

CHURCH SCHOOL: Please note that Church School will resume on Sunday, September 7. If you are interested in teaching, even once a month, please speak with Fr. A.

WOMEN'S BREAKFAST: Please note that our next Women's Breakfast is scheduled for Saturday, August 24, at 8:30am. Location TBA.

MEN'S BREAKFAST: Please note that our next Men's Breakfast is scheduled for Saturday, August 17, 8:30am, at the Executive Diner in Alexandria.

2025 SINGLES' RETREAT: The retreat is scheduled for February 20-23 for age 30+ Registration fills up quickly.

UPCOMING SERVICES & EVENTS

July 28, Sun 9:30 AM	Divine Liturgy
Aug 3, Sat 5:00 PM	Great Vespers
Aug 4, Sun 9:30 AM	Divine Liturgy

MINISTRY ROTATIONS

	July 28	Aug 4
Coffee Hour:	Hughes	Mittlefehldt
Reader:	Barr	Mykyta

Fr. Alessandro is available for Confession on Saturday after Vespers or by appointment