



## ALL SAINTS OF AMERICA

Orthodox Church  
in America

[orthodoxalexandria.org](http://orthodoxalexandria.org)

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*Welcome to our parish!*

Thank you for choosing to worship with us on the Lord's Day. We are grateful for your prayers and participation!

Please join us for coffee hour after the service. Our priest, Father Alessandro, would love to greet and welcome you.

Holy Eucharist requires full communion of faith, so if you are not an Orthodox Christian, please do not approach the Chalice. If you are an Orthodox Christian, please note that communion must be preceded by fasting, recent Confession, and reconciliation with all people.

**MARCH 16, 2025**

SECOND SUNDAY OF LENT

Tone 5

Gregory Palamas

Synaxis of the Venerable Fathers of  
the Kiev Caves Lavra

Martyr Sabinas of Egypt

## ST. GREGORY PALAMAS

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life.

He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God.

In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day.

## PLEASE REMEMBER IN YOUR PRAYERS

REQUESTING PRAYERS: Larissa, Bob, David, Zondra, Art, Jerry, Davide

CATECHUMEN: Brooke, Levi, Daniel, Robert

MISSIONARIES: The Brandow family serving in Guatemala

DEPARTED: Archpriest Paul

## NEWS & ANNOUNCEMENTS

ADULT EDUCATION: Starting this Sunday, March 16, we will begin a new Adult Education course based on the *Essential Orthodox Christian Beliefs*, a new manual for adult instruction published by the Orthodox Church in America. The adult education will take place on Sunday at 8:45a in the large Methodist building, where Church School takes place. The discussion will go until 9:10a. We will begin exploring chapter one. Everyone is welcome to attend!

CONFESSION: It is important that every Orthodox Christian receives the Mystery of Confession during the Lenten season. In the coming weeks, Fr. Alessandro will be available after Great Vespers (Sat), or by appointment. If you wish to come before services, please let him know ahead of time. Please, note that Friday, April 11 is the last day when Fr. Alessandro will hear Confessions before Pascha.

FASTING BEFORE PRESANCTIFIED: If you plan to commune at Presanctified, we should begin fasting immediately after lunch. To the best of our abilities, we should try to have an early lunch. If you have a particular medical condition for which this seems impossible, please reach out to Fr. A.

POST-PRESANCTIFIED POTLUCKS: As it is customary in many Orthodox communities, we will share a lenten meal following the Liturgy of the Presanctified Gifts. Please, feel free to bring (but not mandatory), a lenten dish or side to share.

MEALS SIGN-UP: A sign-up genius has been shared via email to invite parishioners to sign up for dishes to share after the Presanctified Liturgies during Great Lent.

21st ALL-AMERICAN COUNCIL: The 21st All-American Council will take place in Phoenix, AZ on July 14-18. As in the past, there will be a youth program that week. For more information and to register, please visit [oca.org/aac](http://oca.org/aac).

### UPCOMING SERVICES & EVENTS

Mar 16, Sun  
8:45 AM  
9:30 AM

Church School & Adult Ed.  
Divine Liturgy

Mar 19, Wed  
6:00 PM

Presanctified Liturgy  
@ St. Nicholas Cathedral

Mar 22, Sat  
5:00 PM

Great Vespers

Mar 23, Sun  
8:45 AM  
9:30 AM

Church School & Adult Ed.  
Divine Liturgy

### MINISTRY ROTATIONS

	<b>Mar 16</b>	<b>Mar 23</b>
<i>Coffee Hour:</i>	Class	Margheritino
<i>Reader:</i>	Garber	Hughes
<i>Cleaning:</i>	Class	Garber
<i>Communion Cloth:</i>	Easton/Mikhalevsky	Class/Terezi

*Priest available for Confession after Vespers or by appointment*