



ALL SAINTS OF AMERICA

Orthodox Church
in America

orthodoxalexandria.org

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Welcome to our parish!

Thank you for choosing to worship with us on the Lord's Day. We are grateful for your prayers and participation!

Please join us for coffee hour after the service. Our priest, Father Alessandro, would love to greet and welcome you.

Holy Eucharist requires full communion of faith, so if you are not an Orthodox Christian, please do not approach the Chalice. If you are an Orthodox Christian, please note that communion must be preceded by fasting, recent Confession, and reconciliation with all people.

MARCH 2, 2025

36th SUNDAY AFTER PENTECOST

tone 3

Sunday of Cheesefare

The Expulsion of Adam and Eve from
Paradise

Hieromartyr Theodotus, Bishop of
Cyrenia

SUNDAY OF CHEESEFARE:
EXPULSION OF ADAM FROM PARADISE

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendents became heirs of death and corruption.

Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit..."

PLEASE REMEMBER IN YOUR PRAYERS

REQUESTING PRAYERS: Larissa, Bob, David, Zondra, Art, Jerry, Davide

CATECHUMEN: Brooke, Levi, Daniel, Robert

MISSIONARIES: The Brandow family serving in Guatemala

DEPARTED: Aleksandra, Olivia

BIRTHDAYS: Emilia Barr

NAMEDAYS: Matushka Juliana, Felix Bomadevar

NEWS & ANNOUNCEMENTS

FORGIVENESS VESPERS: This evening, we will celebrate an important service which marks the beginning of Great Lent. At the end of Vespers, we will all ask forgiveness from one another by bowing and saying “Forgive me a sinner,” and replying “God forgives and I forgive” while we exchange the kiss of peace.

SUNDAY OF ORTHODOXY: Next Sunday is the commemoration of the Triumph of Orthodoxy and we invite everyone to participate in the procession with the holy icons at the end of the Divine Liturgy. As it is customary in most parishes, we will read the special office celebrating the Triumph of Orthodoxy at the end of the procession. As you are able, please bring one icon from home to carry during the procession.

21st ALL-AMERICAN COUNCIL: The 21st All-American Council will take place in Phoenix, AZ on July 14-18. As in the past, there will be a youth program that week. For more information and to register, please visit oca.org/aac.

UPCOMING SERVICES & EVENTS

Mar 1, Sat 5:00 PM	Great Vespers
Mar 2, Sun 8:45 AM 9:30 AM 5:00 PM	Church School Divine Liturgy Forgiveness Vespers
Mar 3, Mon 6:00 PM	Great Canon
Mar 4, Tue 6:00 PM	Great Canon
Mar 5, Wed 6:00 PM	Great Canon
Mar 6, Thu 6:00 PM	Great Canon
Mar 8, Sat 5:00 PM	Great Vespers
Mar 9, Sun 8:45 AM 9:30 AM	Church School Divine Liturgy

MINISTRY ROTATIONS

	Mar 2	Mar 9
<i>Coffee Hour:</i>	Mittlefehldt	Garber
<i>Reader:</i>	Hughes	Mykyta
<i>Cleaning:</i>	Mittlefehldt	Easton
<i>Communion Cloth:</i>	Easton/Terezi	Barr/Dabik

Priest available for Confession after Vespers or by appointment

VARIABLE MUSIC - GREAT VESPERS