

# ALL SAINTS OF AMERICA

Orthodox Church in America

orthodoxalexandria.org

3130 Franconia Rd Alexandria, VA 22310 Welcome to our parish! Thank you for choosing to worship with us on the Lord's Day. We are grateful for your prayers and participation!

Please join us for coffee hour after the service. Our priest, Father Alessandro, would love to greet and welcome you.

Holy Eucharist requires full communion of faith, so if you are not an Orthodox Christian, please do not approach the Chalice. If you are an Orthodox Christian, please note that communion must be preceded by fasting, recent Confession, and reconciliation with all people.

## AUGUST 27, 2023

12th SUNDAY AFTER PENTECOST Tone 3 Ven. Pœmen the Great Hieromartyr Kuksha and Ven. Pimen of the Kiev Caves

Father Alessandro Margheritino (703) 828-5068 fatheralessandro@gmail.com

#### VENERABLE POEMEN (PIMEN) THE GREAT

Poemen was an Egyptian by birth and a great ascetic of Egypt. As a boy, he visited the most renowned spiritual men. He gathered tangible knowledge from them, as a bee gathers honey from flowers. Poemen once begged the elder Paul to take him to St. Paisius.

Seeing Poemen, Paisius said to Paul: "This child will save many; the hand of God is on him." In time, Poemen was tonsured a monk, and attracted two of his brothers to the monastic life as well. Once his mother came to see her sons. Pimen did not allow her to enter but asked her through the door: "Do you desire more to see us here, or there, in eternity?" The mother withdrew with joy, saying: "Since I will surely see you there, then I do not desire to see you here."

In the monastery where these three brothers dwelled (which was governed by Abba Anoub [Anubis], Poemen's eldest brother), their rule [typikon] was as follows: At night they spent four hours doing manual work, four hours sleeping, and four hours reading the Psalter. During the day, they alternated work and prayer from morning to noon, did their reading from noon until Vespers, and made supper for themselves after Vespers.

This was the only meal in twenty-four hours, and it usually consisted of some kind of cabbage. Poemen is said to have commented: "We ate that which was given to us. No one ever said, 'Give me something else,' or 'I do not want that.' In this way, we spent our entire life in silence and peace."

Poemen lived a life of asceticism in the fifth century, and died peacefully in old age.

#### PLEASE REMEMBER IN YOUR PRAYERS

REQUESTING PRAYERS: Michelle, Daniel, Brian, Bobbi, Yuri DEPARTED: Danielle BIRTHDAYS: Elizabeth Woodill

NAMEDAYS: Priest Alessandro, John Weaver

### **NEWS & ANNOUNCEMENTS**

METROPOLITAN TIKHON'S VISIT: His Beatitude Metropolitan Tikhon will visit our parish and preside at the Divine Liturgy today, August 27. Vladyka will elevate All Saints from mission to parish status and will gift the parish community relics of American Saints. On the same day, His Beatitude will elevate Fr. Alessandro to the rank of Archpriest.

To celebrate, we plan to enjoy a potluck coffee hour outside, weather permitting. Please feel free to bring a side or dish to share, if you are able.

PARISH PHOTO: At the end of the Divine Liturgy this coming Sunday, we will take a parish photo outside with His Beatitude.

PARISH SPECIAL MEETING: Please note that we will convene a Special PArish Meeting on Sunday, September 10 following Divine Liturgy. The meeting will only consider one item, the approval of the new parish by-laws. We invite especially the voting members to be in attendance.

CHURCH SCHOOL: Please note that Church School will resume on Sunday, September 10. More information will be shared in the coming weeks.

CHOIR REHEARSALS: Choirs members, please note the dates of the choir rehearsals over the next few months: September 16, and October 14.

MULTICULTURAL FESTIVAL: The parish of St. Matthew Orthodox Church in Columbia, MD will host its annual multicultural festival on October 6-8. Please visit their website for more information.

#### **UPCOMING SERVICES & EVENTS**

August , Sun 27 9:30 AM	Divine Liturgy
September 1, Fri 9:00 AM	Divine Liturgy
September 2, Sat 5:00 PM	Great Vespers
September 3, Sun 9:30 AM	Divine Liturgy

#### MINISTRY ROTATIONS

	Aug 27	Sept 3
Coffee Hour:	Potluck	Class
Reader:	Barr	Class

Fr. Alessandro is available for Confession on Saturday after Vespers or by appointment